

## COURSE CATALOGUE 2016-2017

Field: Bachelor's Degree Programme in **Physical Education and Sport**

Programme: **B.A. in Physical Education and Sport**

Length of studies: **3 years (6 semesters)**

Number of ECTS Credits: **124 +30 for the B.A. Thesis**

Languages of teaching: **Romanian (English/French tutoring available for Erasmus students)**

Form of education: **Full-time**

Course Code	Course Title	Type of course/ tuition hours	Autumn/ Summer	ECTS
EFS I01	Functional Anatomy	Compulsory, 56	Autumn	5
EFS I02	Foreign Language I	Compulsory, 28	Autumn	3
EFS I03	Theory and Practice in Winter Sports (Alpine Skiing)	Compulsory, 56	Autumn	5
EFS I04	Fundamental Athletic Skills	Compulsory, 56	Autumn	5
EFS I05	Fundamental Gymnastics	Compulsory, 56	Autumn	5
EFS I06	Practical applications - Winter Sports Disciplines	Compulsory, 30	Autumn	3
EFS I071	Applied IT in Physical Education and Sport (PhES)	Elective (1 out of 2), 56	Autumn	4
EFS I072	Communication in Physical Education and Sport	Elective (1 out of 2), 56	Autumn	4
EFS II01	Methodology in Physical Education and Sport	Compulsory, 56	Autumn	5
EFS II02	Theory and Practice in Combat Sports (Judo)	Compulsory, 56	Autumn	5
EFS II03	Scientific Basis of Sport Games: Volleyball and Basketball	Compulsory, 70	Autumn	5
EFS II04	Theory and Practice in Expression Sports (Sport Dancing)	Compulsory, 56	Autumn	5
EFS II05	Theory and Practice in other Sports Branches (Table Tennis)	Compulsory, 56	Autumn	5
EFS II06	Practical Applications in Tourism	Compulsory, 30	Autumn	2
EFS II071	Applied Management in Physical Education and Sport	Elective (1 out of 2), 28	Autumn	3
EFS II072	Ethics and Deontology in Physical Education and Sport	Elective (1 out of 2), 28	Autumn	3
EFS III01	Methodology of Teaching Basketball in Schools	Compulsory, 56	Autumn	6
EFS III02	Methodology of Teaching Handball in Schools	Compulsory, 56	Autumn	6
EFS III03	Motric and Somatic Functional Evaluation	Compulsory, 56	Autumn	4
EFS III04	Theory and Methodology of Motric Activities on Age Groups	Compulsory, 70	Autumn	6
EFS III05	Practical Activities in Schools	Compulsory, 30	Autumn	3
EFS III061	Methodology of Teaching Athleticism in Schools	Elective (1 out of 2), 56	Autumn	5
EFS III062	Methodology of Teaching Gymnastics in Schools	Elective (1 out of 2), 56	Autumn	5
EFS I08	Physiology	Compulsory, 56	Autumn	6
EFS I09	Foreign Language II	Compulsory, 28	Autumn	3
EFS I10	Theory and Practice in Athleticism	Compulsory, 56	Autumn	6
EFS I11	Theory and Practice in Gymnastics Branches (Artistic and Rhythmic)	Compulsory, 84	Autumn	6
EFS I12	Theory and Practice in Water Sports (Swimming)	Compulsory, 56	Autumn	6
EFS I13	Practical Applications in Water Sports Disciplines	Compulsory, 30	Autumn	3
EFS I14	Chess	Elective, 28	Autumn	3
EFS I15	Training and Competition in Adapted Sports	Elective, 28	Autumn	3
EFS II08	Psychology	Compulsory, 56	Autumn	5
EFS II09	Kinesiology	Compulsory, 56	Autumn	5
EFS III10	Scientific Basis of Sport Games: Football and Handball	Compulsory, 70	Summer	6
EFS III11	Education for Health and First Aid	Compulsory, 56	Summer	5

<b>EFS III2</b>	Practical Activities in Leisure Centres	Compulsory, 30	Summer	4
<b>EFS III31</b>	Motric Loisir Activities	Elective (1 out of 2), 70	Summer	5
<b>EFS III32</b>	Adapted Motric Activities	Elective (1 out of 2), 70	Summer	5
<b>EFS III4</b>	Beach-Volley	Elective, 28	Summer	2
<b>EFS III5</b>	Football Tennis	Elective, 28	Summer	2
<b>EFS III07</b>	Methodology of Teaching Football in Schools	Compulsory, 48	Summer	5
<b>EFS III08</b>	Methodology of Teaching Volleyball in Schools	Compulsory, 48	Summer	5
<b>EFS III09</b>	Body Expression and Eurhythmmy	Compulsory, 48	Summer	5
<b>EFS III10</b>	Methodology in Adapted Sports	Compulsory, 60	Summer	4
<b>EFS III11</b>	Elaboration of B.A. Thesis	Compulsory, 60	Summer	4